

Physical Rehabilitation for Older Patients with Acute Heart Failure with Preserved Ejection Fraction (REHAB-HFpEF)

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

1. at least 60 years old 2. in the hospital for at least 24 hours to treat acute heart failure 3. heart failure episode included symptoms getting worse and the need to add or increase drugs to treat it 4. able to walk 4 meters (13 feet) with or without a cane or walker when the study starts 5. discharge to an independent living situation

Exclusion Criteria:

1. acute heart attack in the past 3 months, or planned intervention in the next 6 months 2. severe valve disease 3. advanced kidney disease with dialysis planned in the next 6 months 4. dementia 5. already actively exercising at least 30 minutes at a time, twice a week for the past 6 weeks

Conditions & Interventions

Conditions:

Heart & Vascular

Keywords:

Clinics and Surgery Center (CSC), congestive heart failure, exercise program, Heart failure, rehabilitation

More Information

Description: The purpose of this research study is to assess the effect of a physical rehabilitation program for people admitted to the hospital with a diagnosis of heart failure. After completing baseline tests, participants will be randomly assigned to one of two study groups. Randomization means that you are put into a group by chance. (It is like flipping a coin.) You will have an equal chance of being placed into either group. Participants are assigned to a rehabilitation intervention (treatment) group, or to the attention control group, that will receive usual care.

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