

## A Randomized, Double-Blind, Multicenter, Placebo-Controlled Study to Evaluate the Safety and Efficacy of Atumelnant in Adult Participants with Classic Congenital Adrenal Hyperplasia

**Status:** Recruiting

### Eligibility Criteria

**Sex:** Male or Female

**Age Group:** 18 years and over

This study is NOT accepting healthy volunteers

**Inclusion Criteria:**

- diagnosis of classical congenital adrenal hyperplasia (CAH) - on a stable dose of your current steroid (glucocorticoid) treatment - see link to [clinicaltrials.gov](http://clinicaltrials.gov) for complete inclusion criteria

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**Exclusion Criteria:**

- diagnosis of any other form of CAH - are pregnant, breastfeeding, or unable/unwilling to use effective birth control during the study - see link to [clinicaltrials.gov](http://clinicaltrials.gov) for complete exclusion criteria

### Conditions & Interventions

**Interventions:**

Drug: Atumelnant, Drug: Placebo

**Conditions:**

Diabetes & Endocrine, Rare Diseases

**Keywords:**

CAH, Classic Congenital Adrenal Hyperplasia

### More Information

**Description:** The purpose of this research study is to evaluate the safety and effectiveness of a new investigational drug called atumelnant for adults with classic Congenital Adrenal Hyperplasia (CAH) caused by 21-hydroxylase deficiency (21-OHD). Researchers want to learn how well atumelnant helps control CAH symptoms, how the body processes the drug (pharmacokinetics or PK), and whether it produces the expected effects in the body (pharmacodynamics or PD). The study will also evaluate whether participants may be able to reduce their steroid (glucocorticoid) dose while taking atumelnant.

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**Phase:** PHASE3

**IRB Number:** STUDY00027082

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