

## Improving Barriers to Care Access for Children with Autism and Related Needs via Telehealth for Evaluation, Care Navigating, and Caregiver Coaching

**Status:** Recruiting

### Eligibility Criteria

**Sex:** Male or Female

**Inclusion Criteria:**

- children 1 to 5 years old - waiting for either Autism Spectrum Disorder (ASD) diagnosis or intervention - at least one caregiver (approved by the parent) willing to participate - caregiver speaks and understands English

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**Exclusion Criteria:**

- determined by study staff following review of child's specific behaviors

### Conditions & Interventions

**Conditions:**

Brain & Nervous System, Children's Health, Community Health

**Keywords:**

Autism, Care Navigation, Caregiver Coaching, Children, Evaluation, Intervention, Telehealth, ASD

### More Information

**Description:** Researchers at the University of Minnesota, Twin Cities are looking for research participants for a study about the efficacy of early intervention services provided over telehealth (video conferencing) for kids ages 1-5 years old with Autism Spectrum Disorder (ASD) and their families. This study is also intended to test the training of community providers in the use of this model. Parents will receive coaching to provide interventions to support their child's communication and other skills. You and your child may be eligible if your child is between 1 and 5 years old, your child is on a waitlist to be evaluated for ASD or has received an ASD diagnosis in the last 3 months & is waiting for services. Participants receive parent coaching 3x weekly for 9-12 weeks for 30-60 minutes over telehealth. Questionnaires and interviews are given before and after the intervention. Overall, parents commit to 18 months of participation.

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**IRB Number:** STUDY00022647

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