

Role of Nitric Oxide (NO) in Endothelial Dysfunction in Premenopausal Women with Posttraumatic Stress Disorder (PTSD)

Status: Recruiting

Eligibility Criteria

Sex: Female

Age Group: 18 years and over

This study is also accepting healthy volunteers

Inclusion Criteria:

- Adults >18 years old and <40 years - Women - Premenopausal - Trauma-exposed - PTSD

Exclusion Criteria:

- Hypertension - Any cardiovascular disease - Medications for cardiovascular diseases - Any gastrointestinal diseases

Conditions & Interventions

Conditions:

Women's Health

Keywords:

Posttraumatic stress disorder (PTSD), Premenopausal women, Trauma: Mental Health, Heart Health

More Information

Description: This research study is being done so that we can better understand why women with post-traumatic stress disorder (PTSD) may have higher risk of cardiovascular disease as they get older. This study looks at how trauma and PTSD affect blood vessels in young women. The study is also testing whether a dietary supplement called beetroot juice might help improve the function of blood vessels in women suffering from PTSD. Study participation involves coming to the University of Minnesota campus in Minneapolis for two visits. Each of the visits will take about 3 and a half hours.

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