

Autonomous Digital CBT Intervention for Opioid Use Disorder in Individuals with Co-Occurring Internalizing Disorders

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

- adults ages 22 to 65 - diagnosis of Opioid use disorder (OUD) - diagnosis of panic disorder with or without agoraphobia, generalized anxiety disorder, social anxiety disorder, or major depression - in treatment for OUD using MOUD (medications for opioid use disorder) - access to an internet-enabled smartphone for the duration of the study - living in the United States

Exclusion Criteria:

- diagnosis of psychosis - current institutionalization (e.g., jail, hospital) - women who are pregnant - unable to speak English

Conditions & Interventions

Conditions:

Mental Health & Addiction

Keywords:

mental illness, opioid addiction, Opioid use disorder, OUD, anxiety, depression

More Information

Description: This study is about a new mobile application program called "NEAT-O" which stands for Negative Emotions and Addiction Tools for Opioid Use Disorder. It is designed for people who are struggling with opioid use and also facing issues with anxiety or depression. We are testing the program to see if it's helpful and easy to use. We would also like to learn about your experiences and perspectives on coping strategies for managing symptoms related to opioid use disorder, anxiety, and depression.

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Phase: PHASE1

IRB Number: STUDY00022055

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