

Partners for Pain & Wellbeing Equity: A Randomized Trial of Community Supported Complementary and Integrative Health Self Management for Back Pain

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

- pain that has lasted at least 3 months - pain that limits ability to do everyday activities - identify as a member of a racial or ethnic minoritized group (American Indian/Alaska Native, Asian, Black, Hispanic/Latino, or Native Hawaiian/Pacific Islanders) OR - have a household income of less than \$50,000/year

Exclusion Criteria:

- women who are pregnant - receiving radiation or chemotherapy for cancer - experience severe mental health symptoms not managed by a healthcare provider

Conditions & Interventions

Conditions:

Bone, Joint & Muscle, Prevention & Wellness

Keywords:

back pain, Chronic Pain, complementary therapies, neck pain, self-management

More Information

Description: Back pain is one of the most common and disabling chronic pain conditions in the United States. Most cases remain poorly managed and many sufferers, with Black and Hispanic Americans, as well as individuals with less education and income, experiencing poorer outcomes. This project aims to address barriers that currently exist within the healthcare system by co-developing and evaluating with community stakeholders, accessible evidence-based complementary and integrative health approaches that can be offered in community settings.

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Phase: NA

IRB Number: STUDY00017917

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