

## Care Partners and Patients Navigating Year 1 of Dyadic Self-Management post-LVAD

**Status:** Recruiting

### Eligibility Criteria

**Sex:** Male or Female

**Age Group:** 18 years and over

This study is NOT accepting healthy volunteers

**Inclusion Criteria:**

Designated care partners (family or informal care givers) and patients who are within the first six-months ( $\pm$  2 weeks) post-LVAD implantation.

### Conditions & Interventions

**Conditions:**

Heart & Vascular

**Keywords:**

caregiver, Clinics and Surgery Center (CSC), LVAD (Left ventricular assist device), mechanical circulatory assist, self-management

### More Information

**Description:** The first year after LVAD implant involves a lot of changes to managing life with an LVAD for both the patient and the caregiver (informal or family care partner). Both patient and care partner will enroll in the study so that we can better understand the experiences of each person, including: self-management, emotional wellbeing, care partner experience and quality of life. You will be asked to fill out questionnaires after LVAD implant (at four time-points) over six months. We also ask you to wear a research watch (for ten days) to measure activity and rest. You can do this entire study from your home.

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**IRB Number:** STUDY00023402

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