# Technology Assisted Treatment for Binge Eating Disorder

**Status:** Recruiting

## Eligibility Criteria

**Sex:** Male or Female
**Age Group:** 18 years and over
This study is NOT accepting healthy
volunteers

**Inclusion Criteria:**

- adults between the ages of 18 and 65 years - diagnosis of bulimia nervosa, binge eating disorder, or other eating disorder

**Exclusion Criteria:**

- women who are pregnant or breast feeding - history of psychosis or bipolar disorder - substance use disorder within the past six months - BMI less than 18.5 kg/m2 - history of acute suicidality requiring hospitalization - food allergies

## Conditions & Interventions

**Interventions:**
Behavioral: Reminder control condition, Behavioral: Smartwatch app to deliver binge-eating CBT strategies
**Conditions:**
Mental Health & Addiction
**Keywords:**
Binge Eating Disorder

## More Information

**Description:** This research is being done to study binge eating and potential treatment strategies. An app on a sensor logging device will log eating behavior data. The device will incorporate data and refine the performance of the HabitAware sensor logging model to recognize binge eating episodes. We hope this research will help inform novel treatments for targeting binge eating behavior.
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**Phase:** NA
**IRB**
**Number:**       STUDY00018933