

Technology Assisted Treatment for Binge Eating Disorder

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

- adults between the ages of 18 and 65 years - diagnosis of bulimia nervosa, binge eating disorder, or other eating disorder

Exclusion Criteria:

- women who are pregnant or breast feeding - history of psychosis or bipolar disorder - substance use disorder within the past six months - BMI less than 18.5 kg/m2 - history of acute suicidality requiring hospitalization - food allergies

Conditions & Interventions

Interventions:

Behavioral: Reminder control condition, Behavioral: Smartwatch app to deliver binge-eating CBT strategies

Conditions:

Mental Health & Addiction

Keywords:

Binge Eating Disorder

More Information

Description: This research is being done to study binge eating and potential treatment strategies. An app on a sensor logging device will log eating behavior data. The device will incorporate data and refine the performance of the HabitAware sensor logging model to recognize binge eating episodes. We hope this research will help inform novel treatments for targeting binge eating behavior.

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Phase: NA

IRB

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