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mGlide-Care: A mHealth Partnership with caregivers to improve HTN management in patients with cognitive impairment

Status: Recruiting

Eligibility Criteria

Sex: Male or Female
Age Group: 18 years and over
This study is NOT accepting healthy volunteers

Inclusion Criteria:

- adults ages 60-85 years - diagnosis of hypertension - diagnosis of mild cognitive impairment or early stage Alzheimer's Disease/Related Dementias - participant has an unpaid family caregiver

Exclusion Criteria:

- severe comorbid illness including end-stage kidney disease, end-stage liver disease, - participant and caregiver unable to complete study tasks or have plans to relocate in the next 12 months - serious psychiatric illness that could interfere with treatment, assessment, or compliance

Conditions & Interventions

Conditions:
Brain & Nervous System, Community Health, Heart & Vascular
Keywords:
blood pressure, caregiving, dementia, Hypertension, memory, Mild cognitive impairment

More Information

Description: The purpose of this study is to learn about a new way of managing hypertension using a wireless blood pressure monitor and a smartphone. The goal is to improve hypertension care in older adults with memory loss or mild dementia in partnership with their caregiver.
Study Contact: Miriam Jepsen-DeSpiegelaere - jepse032@umn.edu
Principal Investigator: Kamakshi Lakshminarayan
Phase: NA
IRB Number: STUDY00018765

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