

FAM (Follower, Action Plan, and Remote Monitoring) Intervention to Reduce Severe Hyperglycemia in Adults with Type 1 Diabetes Mellitus at Risk for Diabetic Ketoacidosis (Aim 3)

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

- ages 18 to 65 - people with Type 1 Diabetes (T1DM) for at least 1 year - HbA1C between 7.5% and 14.0% - "Follower" (family member, friend, or caregiver who is at least 18 years old), willing to participate in the study and follow glucose data and has no self-reported cognitive impairment

Exclusion Criteria:

- active treatment with a sodium-glucose cotransporter-2 inhibitor or planning to start a sodium-glucose cotransporter-2 inhibitor in the next 6 months - active cancer with the exception of non-melanoma skin cancer - receiving hospice care

Conditions & Interventions

Conditions:

Diabetes & Endocrine

Keywords:

T1DM, Type 1 Diabetes

More Information

Description: The purpose of this study is to implement an intervention using a Follower, Action plan, and remote Monitoring (FAM) of glucose data to reduce severe hyperglycemia in adults with Type 1 Diabetes Mellitus at risk for diabetic ketoacidosis. You and your chosen "follower" (family member, caregiver, or friend) will be asked to attend 6 visits (in- person or remote) as a pair ("dyad") with the study team that will last up to 30 minutes to 2 hours each across a span of 4 months.

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IRB

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