

## EPI-MINN: Targeting Cognition and Motivation in Coordinated Specialty Care for Early Psychosis: A National Comparison Study

**Status:** Recruiting

### Eligibility Criteria

**Sex:** Male or Female

**Age Group:** Not specified

This study is NOT accepting healthy volunteers

#### **Inclusion Criteria:**

- aged 15-40 inclusive - enrolled in an early psychosis coordinated specialty care clinic (PI will determine this) - in good physical health & stable psychiatric status - fluent in spoken and written English - have access to a smart phone (or other mobile device) and computer or tablet

#### **Exclusion Criteria:**

- participated in significant cognitive training programs within the last three years - neurological disorder that may interfere with participation - substance abuse disorder that would interfere with participation - risk of suicidal behavior

### Conditions & Interventions

#### **Conditions:**

Brain & Nervous System, Mental Health & Addiction

#### **Keywords:**

Psychosis, schizoaffective disorder, schizophrenia

### More Information

**Description:** This is a study enrolling patients receiving care at early psychosis specialty coordinated care programs across the United States. Participants will be randomly assigned to one of two groups. The first group will use two mobile apps, computerized brain training and a motivational smart phone app, for a period of 12 weeks. The other group will participate in their regular clinical care. There will be 4 study timepoints: intake, post-training, 6-month follow up, and 12-month follow up. There is also an optional interview about experiences of loneliness.

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**Principal Investigator:** Sophia Vinogradov

#### **IRB**

**Number:** STUDY00018733

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