

A novel partial-enteral nutrition protocol to improve nutrition status of adult patients experiencing a Crohn's disease flare and starting new immunologic therapy

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

- 18 years and older - diagnosis of moderate to severe Crohn's Disease (CD) as defined by physician - starting new advanced therapy

Exclusion Criteria:

- short bowel syndrome - ileostomy or colostomy - use of pre or probiotic supplements within last 14 days - active implanted medical devices (cardiac pacemaker, defibrillator) - pregnancy - other serious medical conditions (study staff will review)

Conditions & Interventions

Conditions:

Digestive & Liver Health

Keywords:

Crohn's Disease (CD)

More Information

Description: The purpose of this study is to evaluate if a partial enteral nutrition diet, with a pea protein plant-based oral nutrition supplement (ONS; Kate Farms Peptide 1.5), combined with the Inflammatory bowel disease - Anti-Inflammatory Diet (IBD-AID) improves the nutritional intake of adult patients experiencing a CD flare initiating immunologic therapy compared to standard of care. Standard of care for patients experiencing a CD flare is commonly characterized by prescription of a low fiber diet and either lack of oral nutrition supplementation or use of an animal protein based supplement.

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