

Strength and Muscle Related Outcomes for Nutrition and Lung Function in CF (STRONG-CF)

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

- diagnosed with Cystic Fibrosis - clinically stable with no significant changes in health status within the 14 days prior to the first study visit

Exclusion Criteria:

- no prior solid organ transplantation - no initiation of an investigation drug within 28 days before - no initiation of new chronic therapy (e.g., ibuprofen, azithromycin, inhaled tobramycin, Cayston, CFTR modulator) within 28 days - no acute use of antibiotics (oral, inhaled or IV) or acute use of systemic corticosteroids for respiratory tract symptoms within 14 days

Conditions & Interventions

Conditions:

Respiratory System, Rare Diseases, Rare Diseases

Keywords:

cystic fibrosis

More Information

Description: There are currently two main ways of measuring nutrition in the Cystic Fibrosis (CF) population: body mass index (BMI) and laboratory values. This study plans to look at more ways to measure nutrition, and body composition, like the percentages of fat, bone and muscle in your body. One of the ways we will measure these items is by using dual energy X-ray absorptiometry (DXA) scan, which is a type of x-ray. This study hopes to provide researchers with more detailed information about nutrition and body composition in adults with CF.

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