

Pilot of standardized cognitive behavioral therapy for young adults with sickle cell disease

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

- 18 to 24 years old - diagnosis of sickle cell anemia - transitioning to adult care at UMMC from pediatric care for SCD

Exclusion Criteria:

- unable to speak and write English - have had more than 2 visits as a new patient in the adult UMMC sickle cell clinic

Conditions & Interventions

Conditions:

Blood Disorders, Mental Health & Addiction

Keywords:

SCD, sickle cell, sickle cell anemia, Clinics and Surgery Center (CSC)

More Information

Description: A pilot study looking at an adult-based non-pharmacologic interventional trial in collaboration with psychologist who has expertise in cognitive behavioral therapy (CBT) for adolescents with chronic disease and intellectual disability and developing processes towards independence in non-Sickle Cell Disease settings.

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IRB

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