

## COCOA

**Status:** Recruiting

### Eligibility Criteria

**Sex:** Male or Female

**Age Group:** 18 years and over

This study is NOT accepting healthy volunteers

**Inclusion Criteria:**

1. Age 55 and older 2. Presence of peripheral artery disease (PAD). PAD will be defined as either an ABI  $\leq 0.90$  at baseline or vascular lab evidence of PAD or angiographic evidence of PAD.

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**Exclusion Criteria:**

1. Unable to tolerate study pills 2. Inability to walk or requiring a walker

### Conditions & Interventions

**Interventions:**

Drug: cocoa flavanols, Drug: placebo

**Keywords:**

cocoa, intercede, pad, peripheral artery disease, prove

### More Information

**Description:** Few medical treatments are available to improve walking ability in patients with PAD. This research study will help determine the effects of cocoa flavanols on walking ability in people with blockages in their leg arteries. Cocoa flavanols are a type of plant nutrient found in cocoa beans. These supplements are available over-the-counter at drugstores.

**Study Contact:** Mattie Leavens - leave039@umn.edu

**Principal Investigator:** Diane Treat-Jacobson

**Phase:** PHASE3

**IRB Number:** SITE00001135

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