

Brain Mechanisms of Qigong for Neuropathic Pain Relief in Adults with Spinal Cord Injury

Status: Recruiting

Eligibility Criteria

Sex: Male or Female

Age Group: 18 years and over

This study is NOT accepting healthy volunteers

Inclusion Criteria:

- 18 to 75 years old - spinal cord injury (SCI) at least 3 months ago - medically stable with paraplegia (T1 and below) or tetraplegia (C4 and below) - highest level of below-level SCI-related neuropathic pain >3 on the numeric pain rating scale.

Exclusion Criteria:

- unable to have a MRI (stabilizing hardware is typically MRI safe) - uncontrolled seizure disorder; cognitive impairment and/or communicative disability (e.g., due to brain injury) that prevent the participant from following directions or from learning - ventilator dependent - pregnant or plans to become pregnant during study - inability to perform kinesthetic imagery

Conditions & Interventions

Conditions:

Brain & Nervous System

Keywords:

SCI, Spinal Cord Injury

More Information

Description: The researchers aim to prove that Qigong practice can result in reduced or relieved neuropathic pain, improved mood, life satisfaction, self-efficacy, enjoyment to move, and community integration; and decreased fear of movement, use of medication or health care services for adults with spinal cord injury.

Study Contact: Ann Van de Winckel - avandewi@umn.edu

Principal Investigator: Ann Van de Winckel

Phase: N/A

IRB

Number: STUDY00011997

Thank you for choosing StudyFinder. Please visit <http://studyfinder.umn.edu> to find a Study which is right for you and contact sfinder@umn.edu if you have questions or need assistance.