



# Paravertebral Block to Reduce the Incidence of New Onset Atrial Fibrillation After Cardiac Surgery: A Prospective Randomized Controlled Pilot Trial

Status: Recruiting

## Eligibility Criteria

Sex: Male or Female

**Age Group:** 18 years and over This study is NOT accepting healthy

volunteers

#### **Inclusion Criteria:**

- undergoing one of the following elective or urgent (but not emergency) surgeries: A) Primary Coronary Artery Bypass Graft (CABG) B) Primary Surgical Aortic Valve Replacement (sAVR) C) Primary Surgical Mitral Valve Replacement (sMVR) D) Combined CABG & surgical valve replacement

#### **Exclusion Criteria:**

- history of atrial fibrillation or flutter - Infective endocarditis - Left ventricular ejection fraction (LVEF) < 30% - redo surgery - unable to have a block because of local anesthetic allergy, bleeding problem - Body mass index > 35kg/m2 - woman who is pregnant

### Conditions & Interventions

Conditions:

Heart & Vascular

Keywords:

Clinics and Surgery Center (CSC), AF, Atrial Fibrillation, CABG, Cardiac Disease, Coronary Artery By-Pass Surgery

#### More Information

**Description:** This research is being done to determine if a procedure done by the anesthesiologist, known as a paravertebral block, can decrease the chance of developing atrial fibrillation after surgery. The block consists of using a numbing medication delivered over time through two small tubes to specific spots on the upper back. There is evidence that this helps reduce the chance of atrial fibrillation after similar procedures and the potential complications of that condition.

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Phase: Phase 4

IRB

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